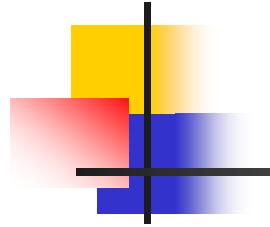


Legionella 2010. ¿Qué sabemos de nuevo?

M. Sabrià
Catedrático de Medicina
Universidad Autónoma de Barcelona
Jefe de la Unidad de Enfermedades Infecciosas
Hospital Universitari Germans Trias i Pujol. Badalona



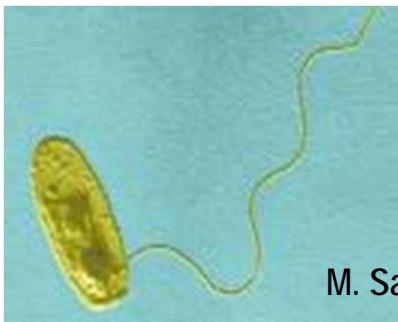
LA BACTERIA



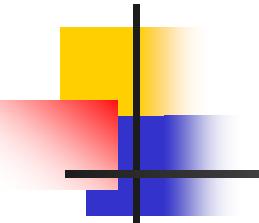
Género *Legionella* >50 especies y 70 serogrupos

.....
Cerca del 70% de las neumonías por Legionella están causados por L. pneumophila sg 1

.....
Genotipos de *L pneumophila sg 1* (variabilidad genotípica)

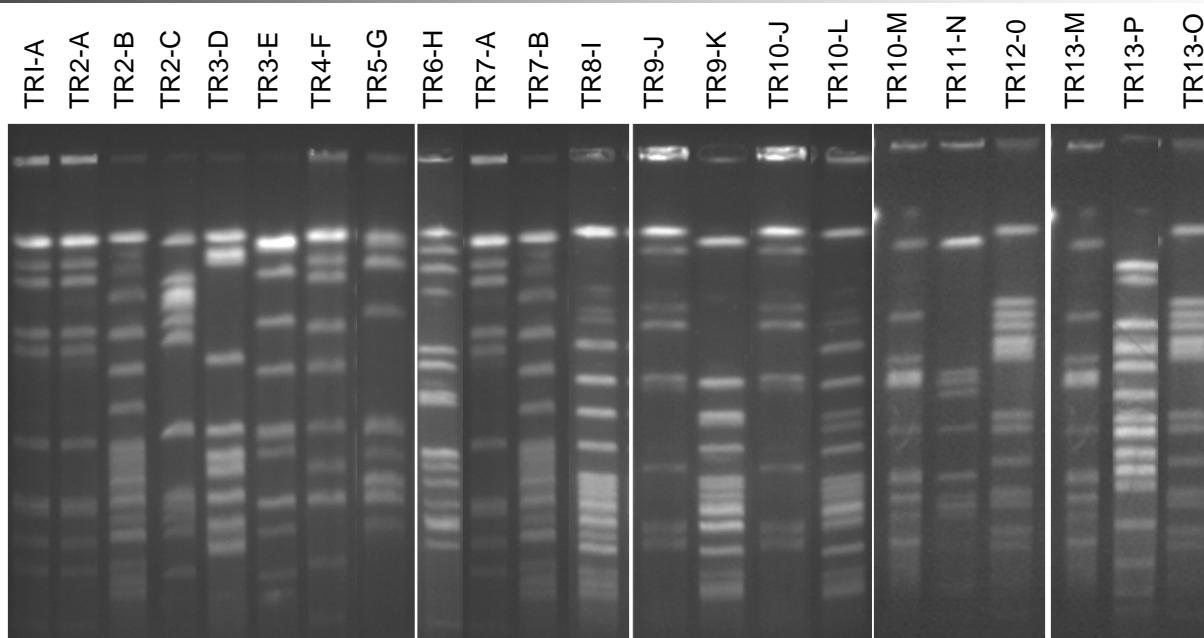


M. Sabrià, Yu VL. *Legionella*. Harrison's Texbook of Internal Medicine. New York 2008



L pneumophila sg 1

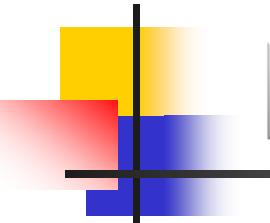
Variabilidad genotípica



Virulencia distinta

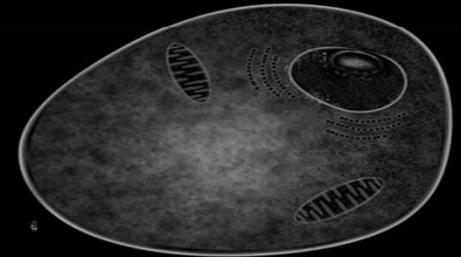
El potencial de agresividad de los diferentes subtipos de *L. pneumophila sg 1* no está establecido

Subtipo MAb2 de *L. pneumophila sg 1*

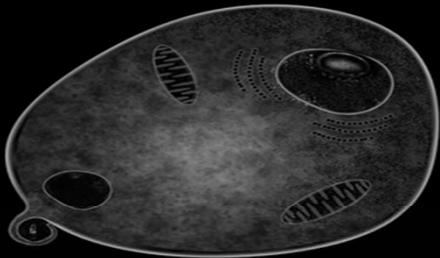


LA ECOLOGIA

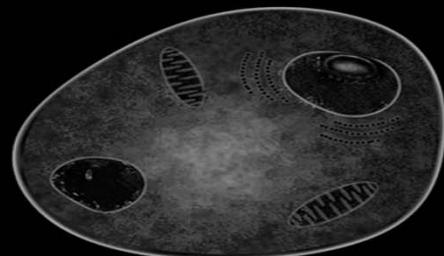




1.



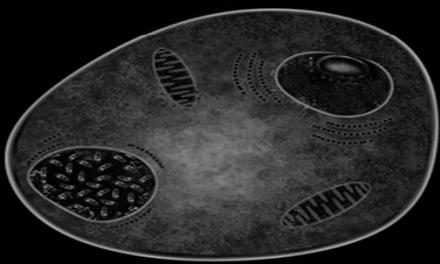
2.



3.



6.



5.



4.

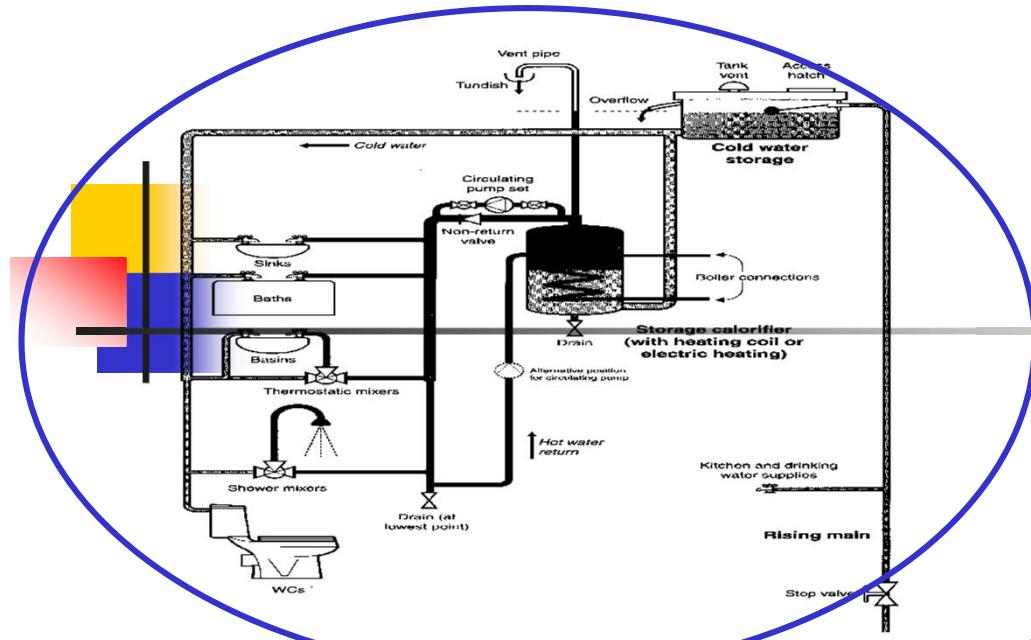
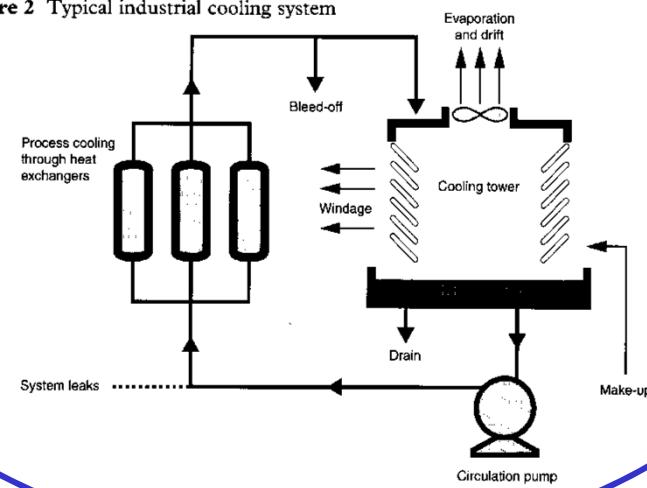
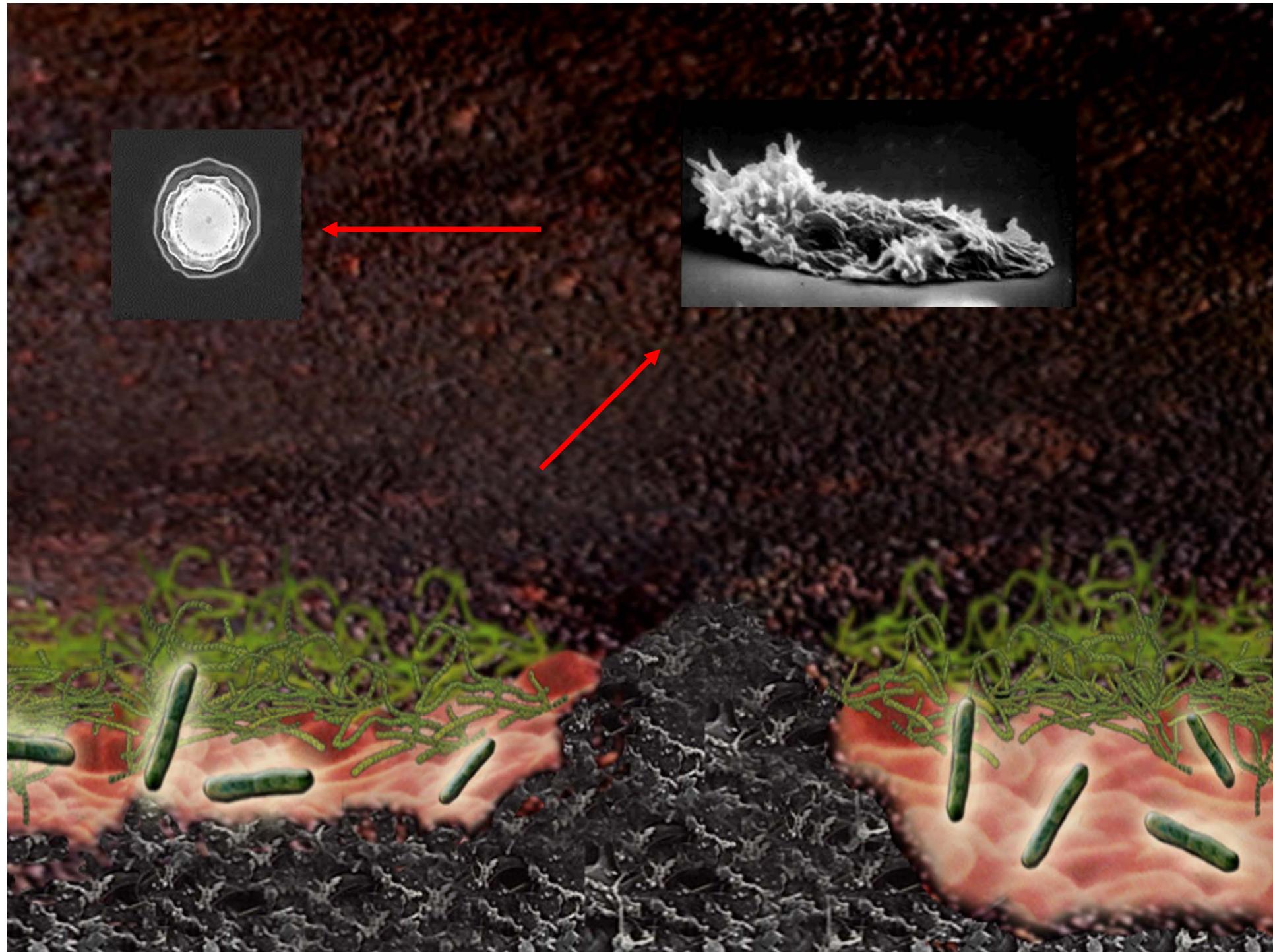
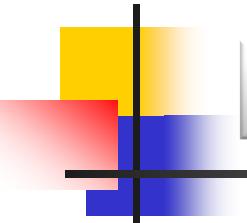


Figure 2 Typical industrial cooling system







ASPECTOS EPIDEMIOLOGICOS

LA ERA DE LA PIRULETA

1996-2006

1976-1995



¿Diagnóstico rápido de Legionella?



bastan una muestra de **orina** y unos **minutos**

Incidencia en Europa 1993-2008

Table 1 Reported cases of legionnaires' disease and incidence rate per million population , 1993–2008 (n=53 494)
Tableau 1 Cas de maladie des légionnaires notifiés et taux d'incidence par million d'habitants, 1993-2008 (n = 53 494)

Year – Année	No. of cases – Nombre de cas	No. of countries contributing data ^a – Nombre de pays ayant fourni des données ^a	Population (millions) – Nombre d'habitants (en millions)	Rate per million – Taux par million
1993	1242	19	300	4.1
1994	1161	20	346	3.4
1995	1255	24	339	3.7
1996	1563	24	350	4.5
1997	1360	24	351	3.9
1998	1442	28	333	4.3
1999	2136	28	398	5.4
2000	2156	28	400	5.4
2001	3470	29	455	7.6
2002	4696	32	466	10.1
2003	4578	34	468	9.8
2004	4588	35	550	8.3
2005	5700	35	554	10.3
2006	6280	35	566	11.1
2007	5907	33	523	11.3
2008	5960	34	506	11.8

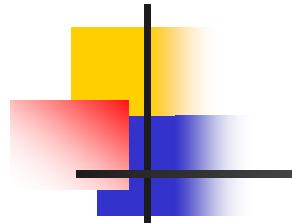
Source: European Working Group for Legionella Infections (EWGLI). – Groupe de travail européen sur les infections à *Legionella* (EWGLI).

^a England and Wales, Northern Ireland and Scotland counted as 3 distinct countries. – L'Angleterre et le pays de Galles, l'Irlande du Nord et l'Écosse ont été comptés comme 3 pays différents.

INCIDENCIA EN EUROPA

World Health Organization

Legionnaires disease in Europe **2008** <http://www.who.int/wer>
y European Working Group for Legionella Infection (EWGLI: **2004**)



2004

2008

Belgium (10.4)
1.5 → 12.9
Denmark (5.4)
19 → 23.3
The Netherlands (16.3)
13 → 20.5
Switzerland (7.4)
20 → 28.6
Spain (41.1)
23 → 27.3
Scotland
8 → 5.1
England
0.66
France (60.2)
19 → 19

Bulgaria (0.8) , Latvia (0.6) , Lithuania (0.6) , Poland (0.5)

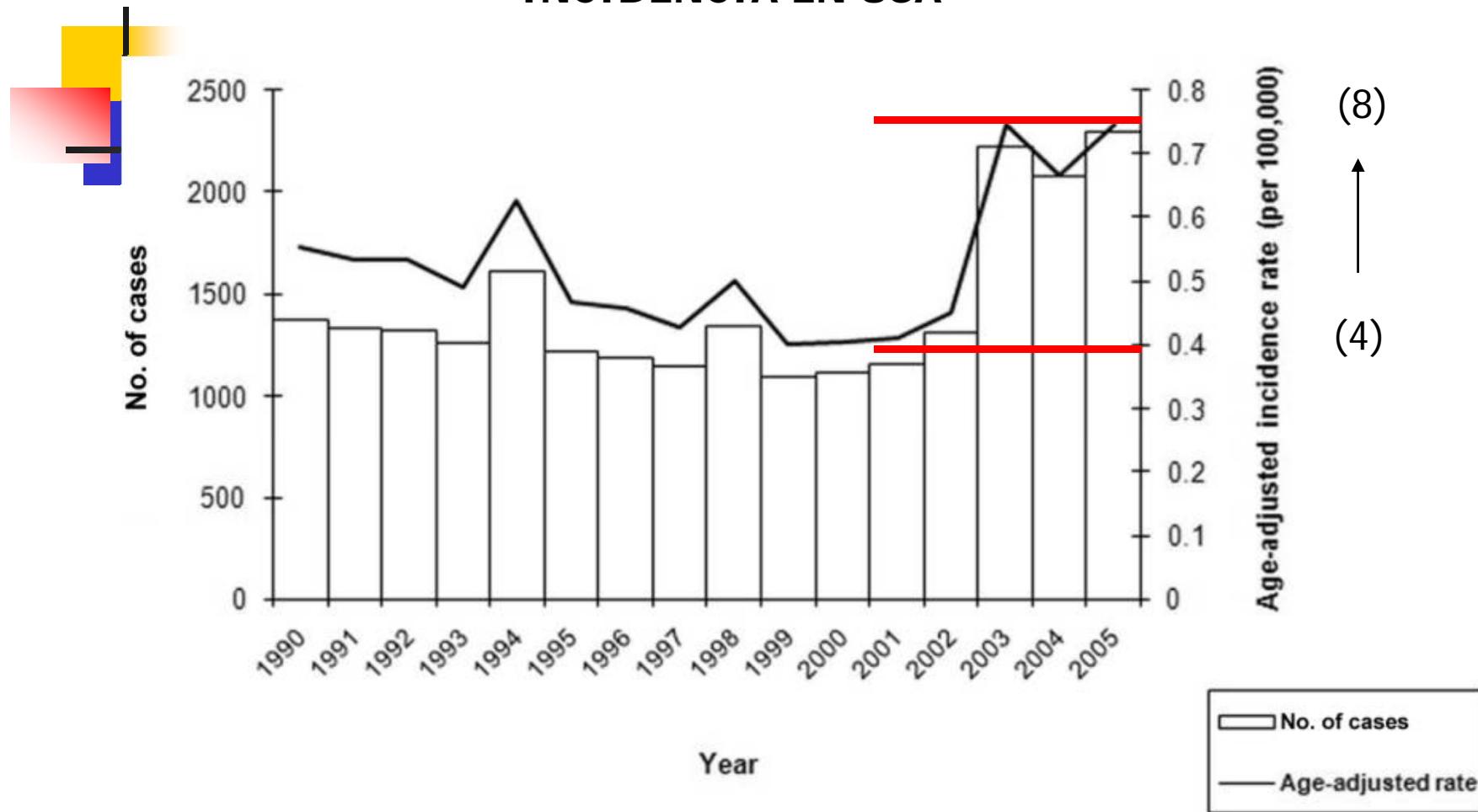
>1/1000.000

Turkey

>0.1/100.000

Por 1000.000 habitantes

INCIDENCIA EN USA



Neil K.

Increasing incidence of legionellosis in the United States, 1990-2005: Changing epidemiological Trends.

CID 2008;47:591-9

Table 5 Outbreaks of Legionnaires' disease and associated cases by category of infection, 2007–2008
 Tableau 5 Flambées de maladie des légionnaires et cas associés par catégorie d'infection, 2007-2008

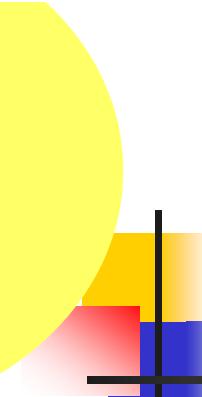
Category – Catégorie	2008	
	Outbreaks – Flambées	Cases – Nombre de cas
Nosocomial – Nosocomiale	15	50
Community – Communauté	49	113
Travel (abroad) – Voyage à l'étranger	30	69
Travel (home) – Déplacement dans le pays de résidence	37	157
Other – Autre	1	2
Total	132	391

Source: European Working Group for Legionella Infections (EWGLI). – Groupe de travail européen sur les infections à *Legionella* (EWGLI).

14,2
CASOS/ BROTE

2,3
CASOS/ BROTE

2003: 20/284



FUENTES, RIESGO, TRANSMISIÓN



FUENTE

Legionella longbeachae pneumonia associated with potting mix (abonos)
(Australia)

Med J Aust 1994

Legionnaires disease associated with potting soil

(USA, CA, OR, WA).

JAMA 2000

A cluster of Legionnaires' disease caused by Legionella longbeachae linked to potting compost
in Scotland, 2008-2009.
Eurosurveillance 2010

Legionella spp was detected in **46% of the commercial potting soils** collected in Switzerland 2006-2007. Casati 2009

Legionella spp were recovered from **6 / 8 centers collecting or processing gardening waste** for compost production (Switzerland) Casati Clinical Microbiology Infection 2009

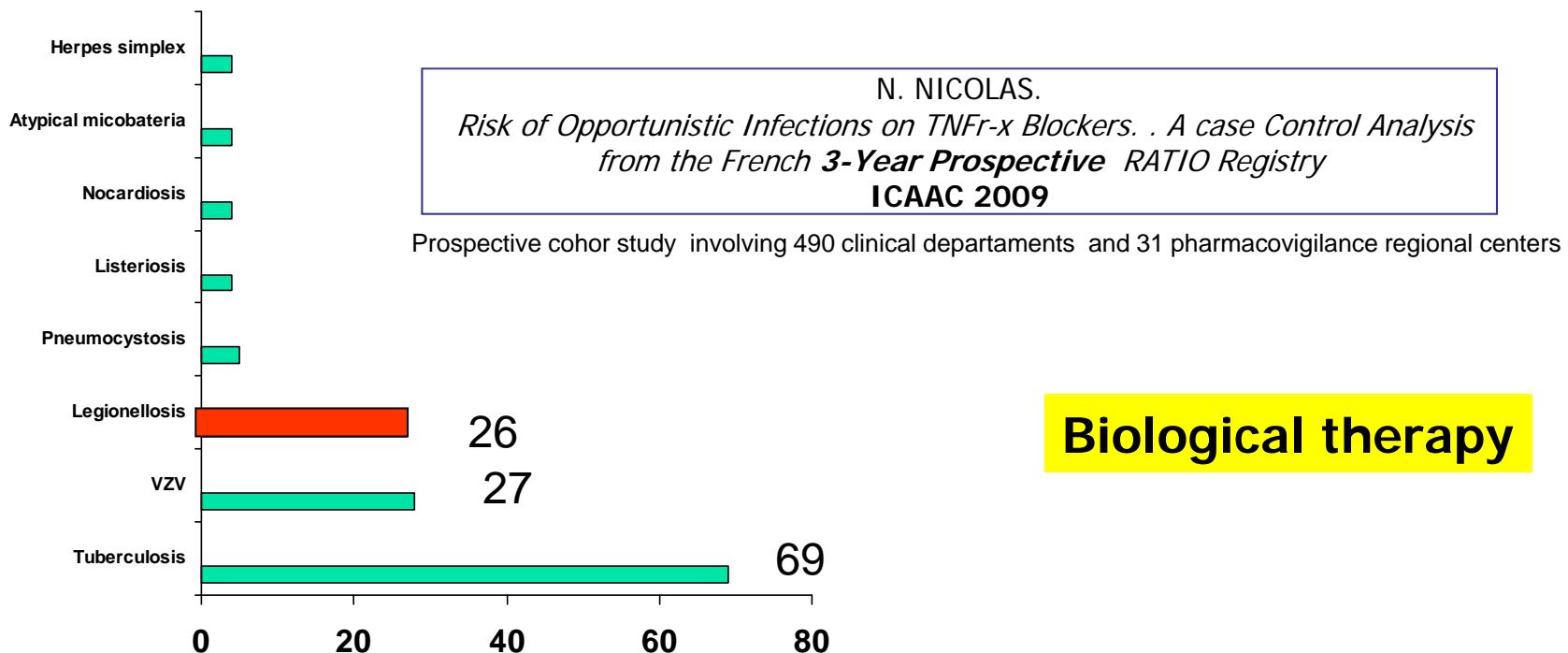
Legionella spp. were recovered from **6 / 22 samples of potting soil** from the Athens area. Velonakis. Clinical Microbiology Infection 2009

Different species and serogroups have been reported in these studies
(not only *L. longbeachae*)

Release of **bioaerosol** may occur during composting procedures or when using the compost/potting soil products (farmers-gardeners)



- Beigel. *Severe Legionella following infliximab therapy for Crohn's disease.*
Imm Bowell Dis 2009
- Mancini. *Tuberculosis and L. pneumophila in a patient receiving anti-TN therapy.*
Clinical Infectious Diseases 2007



TRANSMISIÓN

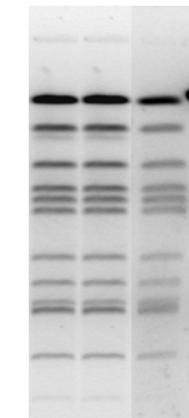
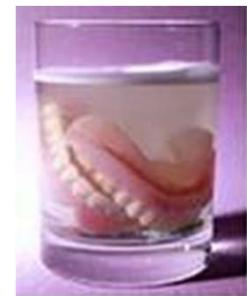
Blatt SP. Nosocomial Legionnaires' disease: aspiration as a primary mode of disease acquisition
Amer J Med 1993

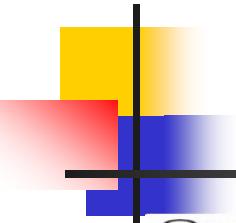
Kamimura M. Legionella pneumonia caused by aspiration of hot spring water after sarin exposure
Nihon Kokyuki Gakkai Zasshi. 1998

Patients with HALD 122

Bedridden patients: 34

Intrinsic risk factors		
Depression of consciousness	18	54.5
Swallowing disorders	20	60.6
Manoeuvres favouring aspiration		
Orotracheal intubation*	12	36.3
Nasogastric tube in place	15	45.5
Enteral nutrition	14	42.4
Dental prosthesis**	2	6.06
Mouth secretion cleaning***	6	24.4





ENFERMEDAD. PRONOSTICO

Sporadic and epidemic community legionellosis: two faces of the same illness

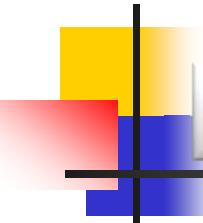
N. Sopena*, L. Force#, M.L. Pedro-Botet*, P. Barrufet#, G. Sauca[†], M. García-Núñez*, G. Tolchinsky*, J.A. Capdevila# and M. Sabrià*

Eur Respir J 2006; 29: 1–5

	Sporadic cases	Outbreak cases	p-value
	138	113	
Complications			
Respiratory failure	75 (54.3)	37 (32.7)	0.001#
Mechanical ventilation	70 (50.7)	37 (32.7)	0.006#
Acute renal failure	15 (10.9)	4 (3.5)	0.03#
Septic shock	10 (7.4)	0	0.002#
Evolution			
Cure	111 (98.2)	128 (92.6)	
Death related to pneumonia	2 (1.8)	8 (5.9)	0.1
Recurrence		2 (1.5)	



Universitat
Autònoma
de Barcelona



CONTROL AMBIENTAL. Microbiológico

Fluctuación

Torres de refrigeración

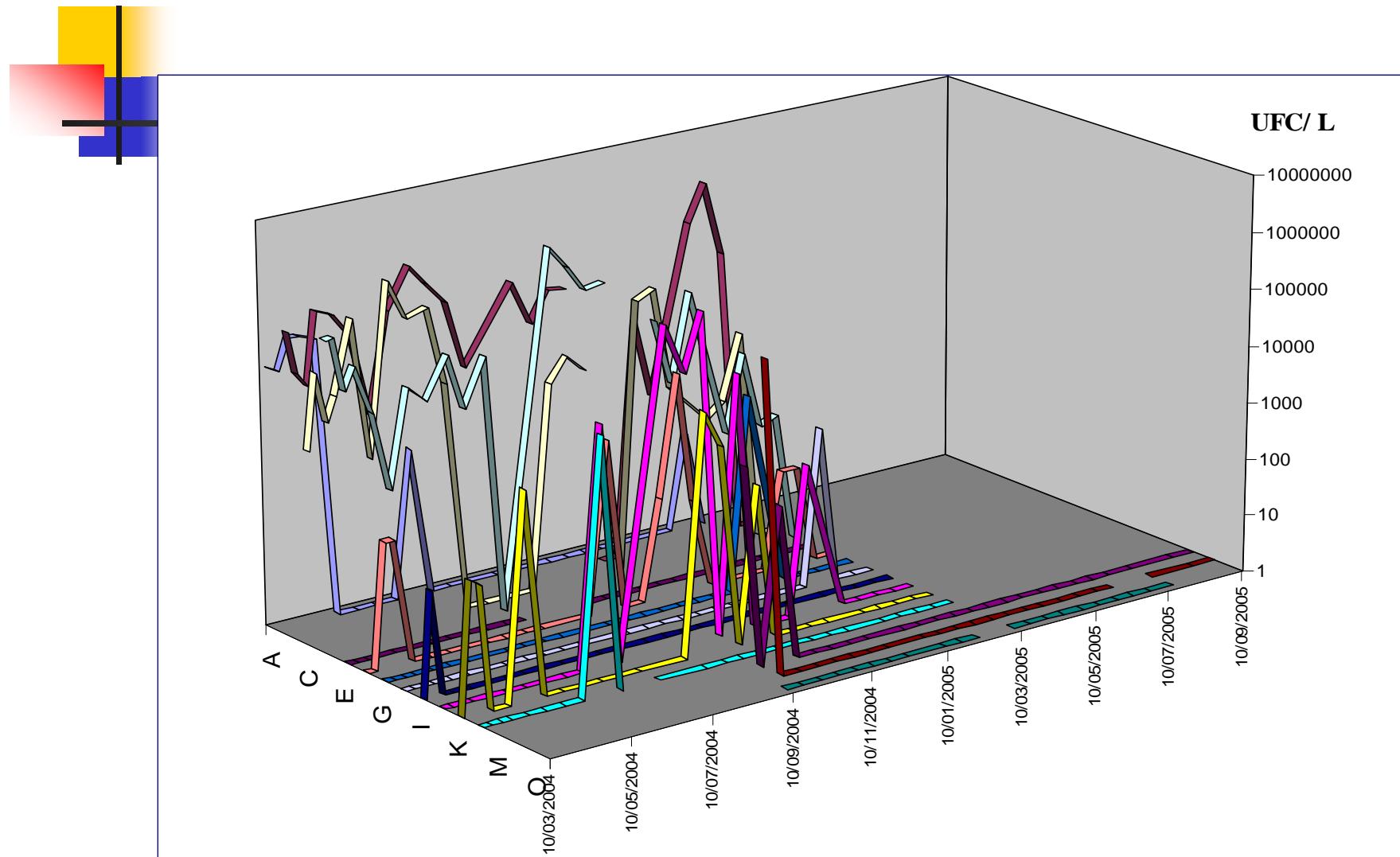
La fluctuación temporal de los recuentos de *Legionella* en torres de refrigeración hace que un muestreo poco frecuente (actualmente se recomienda cada 3 meses) no refleje el estado real del equipo.

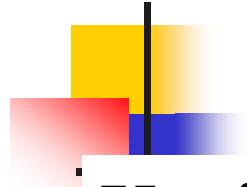
Bentham, R. H. Routine sampling and the control of *Legionella* spp. in cooling tower water systems.
Curr. Microbiol. 41:271-275. 2000

Carducci. *Legionella* in industrial **cooling towers: monitoring** and control strategies.
J Appl Microbiol 2009

S. Ragull et al.

Legionella pneumophila in cooling towers: fluctuations in counts, determination of genetic variability by pulsed-field gel electrophoresis (PFGE), and persistence of PFGE patterns.
Appl Environ Microbiol. August; 73(16): 5382–5384. 2007





Variabilidad genética

La presencia de subtipos cromosómicos idénticos en torres muy próximas obliga a ser prudente a la hora de responsabilizar del brote/caso a una instalación concreta

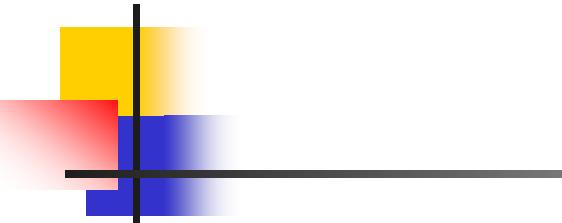
I. Sanchez et al. *Genotypic variability and persistence of Legionella pneumophila PFGE patterns in 34 cooling towers from two different areas. Environmental Microbiology (2008)*

Área grande (70 km. 27 Torres)

Ninguna de las 86 torres positivas estudiadas compartía perfiles moleculares

Área pequeña (1km. 7 Torres)

De los 16 subtipos cromosómicos OBSERVADOS, 11 eran exclusivos y 5 compartidos



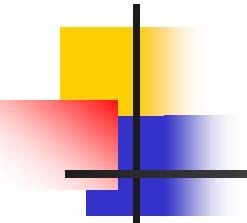
SISTEMAS DISTRIBUCIÓN AGUA SANITARIA Hospitales

Location	Hospitals	% With	Legionella Isolated
United Kingdom	40	70%	<i>Legionella pneumophila</i> serogroup 1
Quebec (CAN)	84	68%	<i>L.pneumophila</i> , serogrouo 1-8
West Pennsylvania (USA)	15	60%	<i>L pneumophila</i> serogroups 1-6
Catalonia (SPAIN)*	20	85%	<i>L. pneumophila</i> sg 1 <i>L. pneumophila</i> sg 2-14

* M. Sabria, M. Garcia, M.L. Pedro-Botet.

Presence and Cromosomal Subtyping of Legionella in Potable Water in 20 hospitals of Catalonia. Spain.

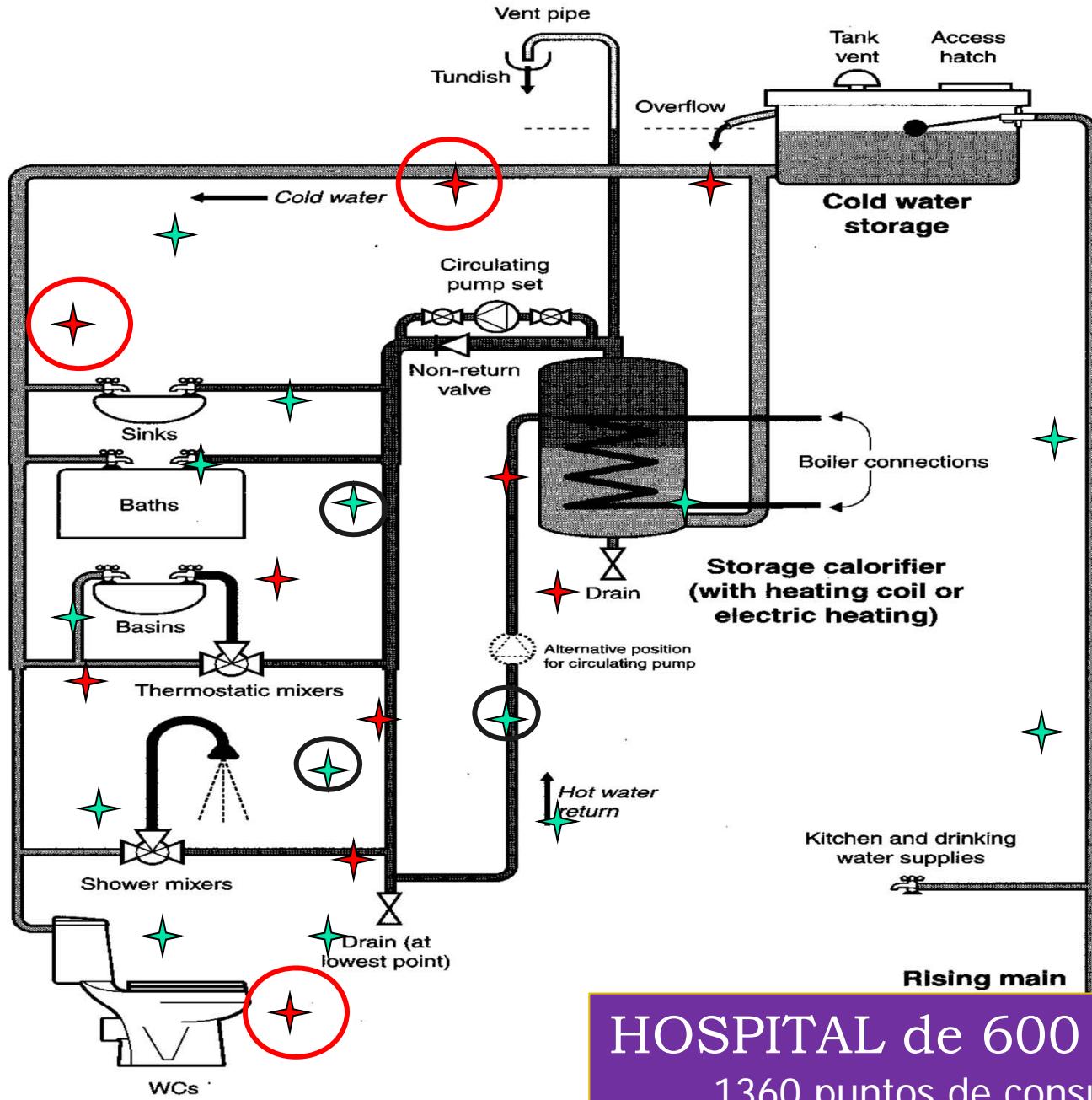
Inf Control Hosp Epidemiol 2001;22:673-6



Legionnaires' Disease in a Newly Constructed Long-Term Care Facility.

Janet E. Stout PhD
Carole Brennen MSN
Robert R. Muder MD

- *L. pneumophila* serogroup 1 was recovered from the water distribution system within 1 month of operation
- 74% (61/82) of distal sites were positive during construction.
- In the first 2 years of occupancy, six cases of legionellosis were diagnosed.
- Copper-silver ionization systems were installed to control *Legionella* in the water system.



HOSPITAL de 600 camas
1360 puntos de consumo



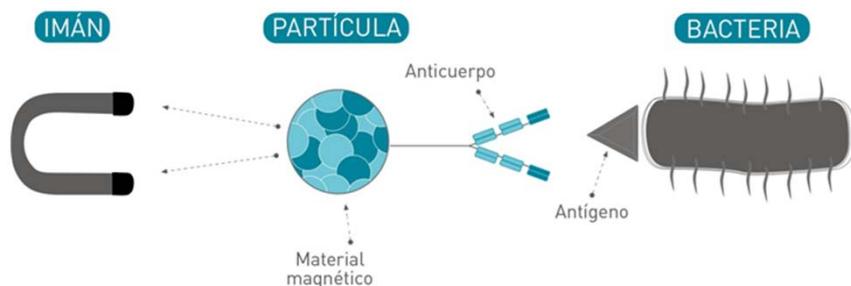
TECNICAS RÁPIDAS de EVALUACIÓN AMBIENTAL

G. Rodriguez et al. *L. pneumophila rapid detection by **immunosensing** in waters samples: assessment and validation* (submitted)

Lee JV et al. *international trial of **quantitative PCR** for monitoring for Legionella in artificial Water* (submitted).

Instrumentos de Alerta- Acción
(toma de decisiones en pocas horas)

KIT BIOALARM LEGIONELLA



ANALISIS INMUNOMAGNETICO

12 laboratorios ISO 17025
Participantes en un Ejercicio inter-colaborativo comparando Kit y cultivo (ISO11731).

50 Minutos
Tandas de hasta 10-14 análisis a la vez, por un sólo operario.

98 El porcentaje de eficiencia
Validación, con más de 500 ensayos con muestras de aguas.



An international trial of quantitative PCR for monitoring for *Legionella* in artificial water systems

J.V. Lee, S. Lai, M. Exner, J. Lenz, V. Gaia, S. Casati, P. Hartemann, C. Lück, B. Pangon, M.L. Ricci, M.Scaturro, S. Fontana, M. Sabria, I. Sánchez , and S Surman-Lee.

Health Protection Agency. United Kingdom

University of Bonn and Technische Universität Dresden Germany

Instituto Cantonale di Microbiologia. Switzerland

CHU. Nancy and CH Versailles. France

Instituto Superior di Sanita, Roma. Italy

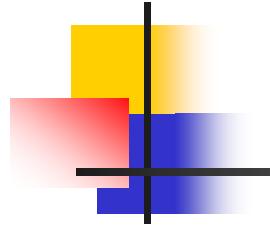
Universidad Autónoma de Barcelona. Spain

Objetivo: definir niveles de alerta y acción en base los resultados de la qPCR En diferentes tipologías de agua.

Método analítico: Gene Systems Legionella (certificación AFNOR)

Conclusiones:

- Discrepancias entre los resultados de PCR y de cultivo
(lo cual no significa Que el cultivo sea el método de control y protección de la salud pública idóneo)
- Establecimiento de niveles de alerta y de acción potencialmente útiles



PREVENCIÓN

Actuaciones a nivel ambiental

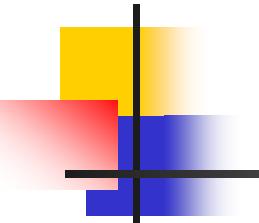
PRACTICAS DE BUEN MANTENIMIENTO DE LAS INSTALACIONES

DESINFECCIÓN DEL AGUA

- . ASC : Temperatura > 50° C
- . AFCH: Hipoclorito sódico
- . TR: Biocidas

ANALISIS DE LEGIONELLA AMBIENTAL
(frecuencia, puntos de muestreo, rigurosidad)

DESINFECCION COMPLEMENTARIA



Actuaciones a nivel clínico

Agua bidestilada para:

Higiene bucal con agua del grifo

“Toilette” bucal con agua del grifo (pacientes en coma)

Gargarismos con agua del grifo

Uso de agua del grifo para equipos de terapia respiratoria

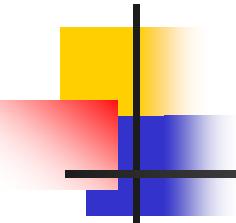
Lavados y/o administración de agua del grifo para nutrición parenteral

Postizos dentales y agua del grifo



EQUIPO SANITARIO

EVITAR EXPOSICIÓN AL AGUA COLONIZADA



DESINFECCIÓN CONTINUA (SISTÉMICA)

EFICACIA EN LAB
EFICACIA EN CAMPO
EFICACIA CLINICA

Agua sanitaria a 50º C

INOCUIDAD

Agua sanitaria a 60ºC (c)

Pasteurización (c)

Peiro EF. *Evaluation of the effectiveness of the Pastormaster method for disinfection of water distribution system.* J Hosp Infect 2005;60:150 Legionella in hospital

Cloración continua

Hipoclorito sódico (x)

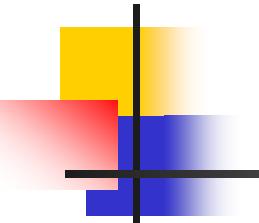
Dioxido de cloro (c)

Srinivasan A. *A 17 month evaluation of a chlorine dioxide water treatment system to control Legionella species in a hospital water supply.* Infect Control Hosp Epidemiol 2003;24:575

Monocloraminas (A-B)

Cu/Ag Ionization (A)

Los grados de recomendación se han basado en la escala de la “Agency for Healthcare Research and Quality”



DESINFECCIÓN FOCAL

FILTROS EN EL PUNTO DE USO



Legionella - Immediate Samples

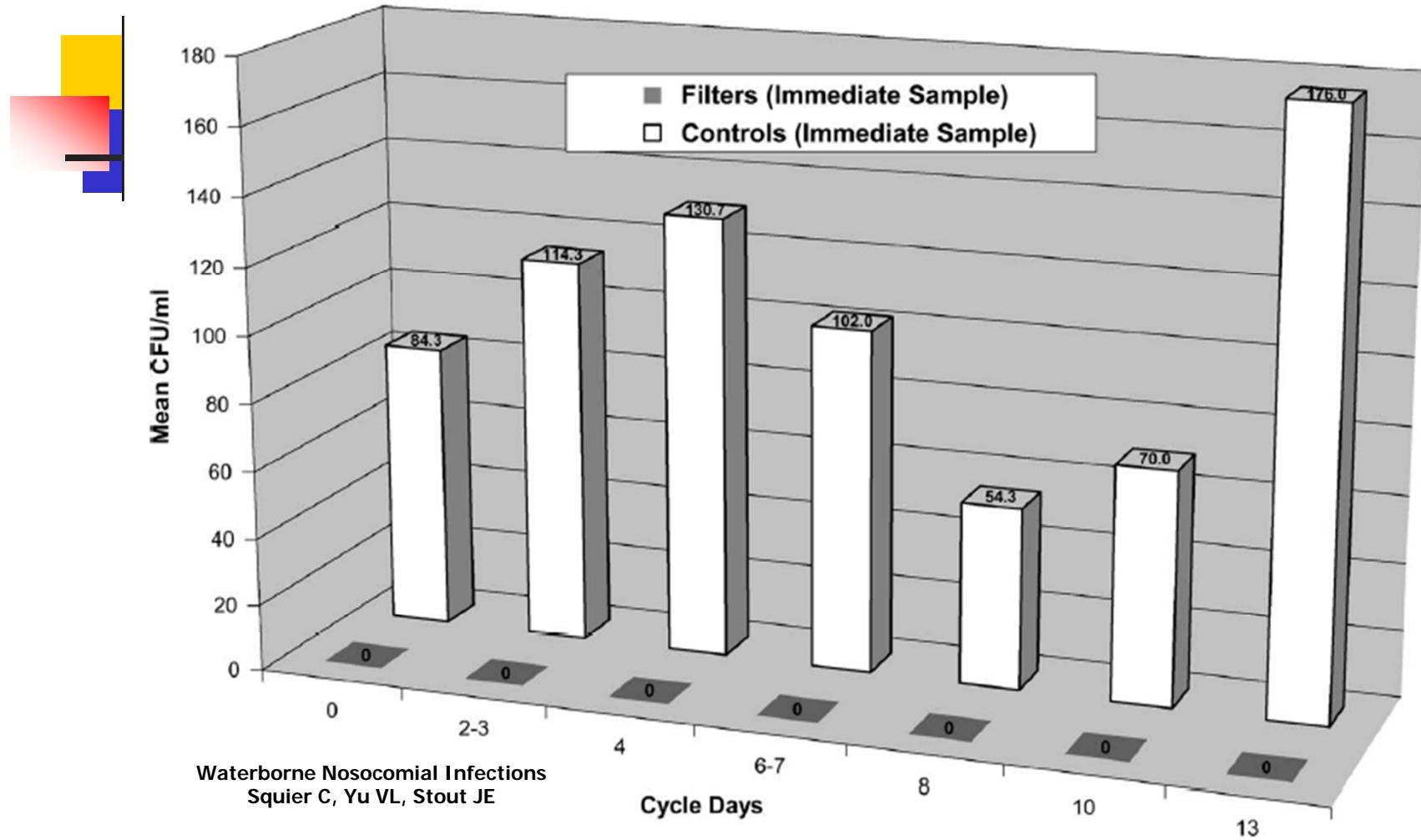
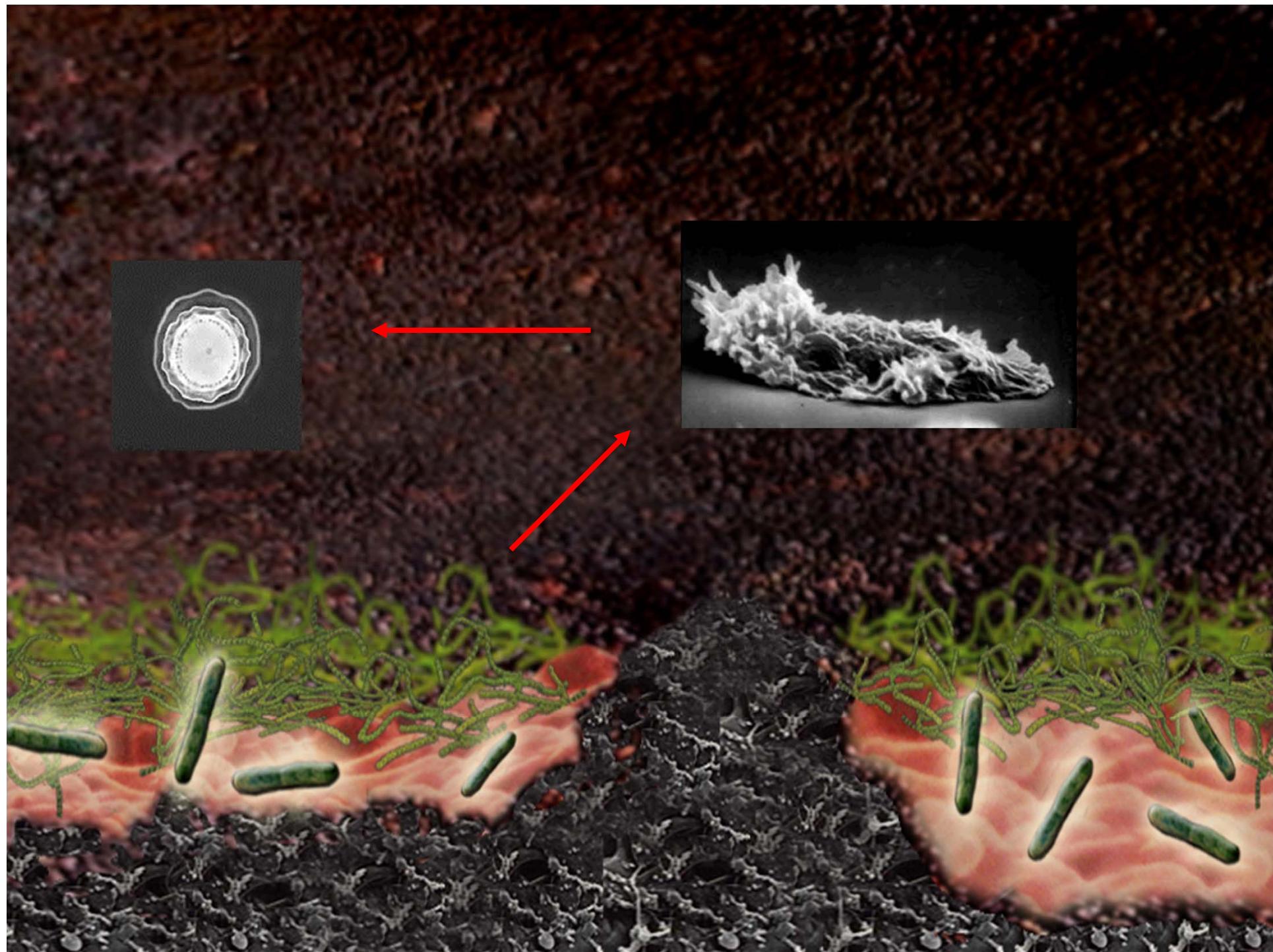


Fig 2. Recovery of *Legionella pneumophila* (mean cfu/mL) from faucets with and without (controls) point-of-use filters through 13 days of use. Water samples were collected immediately after opening the faucet valve (immediate sample).



Development of a pilot-scale 1 for *Legionella* elimination in biofilm in hot water network: I SHOCK TERMICO evaluation

M. Farhat^{1,2}, M.-C. Trouilhé¹, E. Briand³, M. Moletta-Denat¹, E. Robine¹ and J. Frère²

1 Centre Scientifique et Technique du Bâtiment, Marne-la-Vallée cedex 02, France

2 Laboratoire de Chimie et de Microbiologie de l'Eau, Université de Poitiers, Poitiers, France

3 Direction Générale de la santé, Bureau EA2 – Environnements intérieurs, milieux de travail et accidents de la vie courante, Paris, France

Journal of Applied Microbiology 108 (2010) 1073–1082

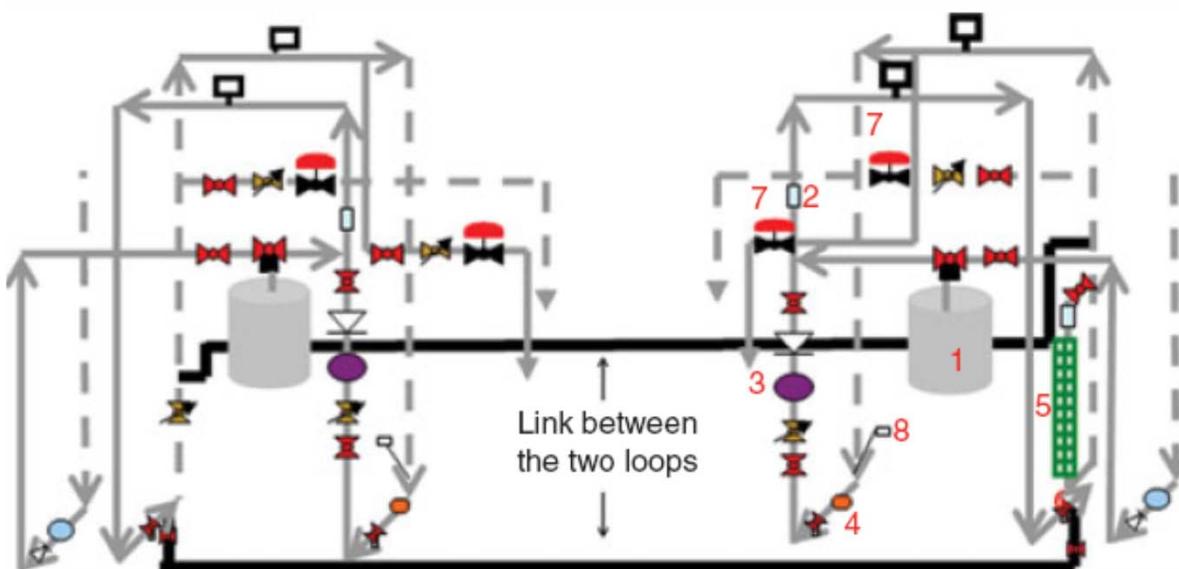
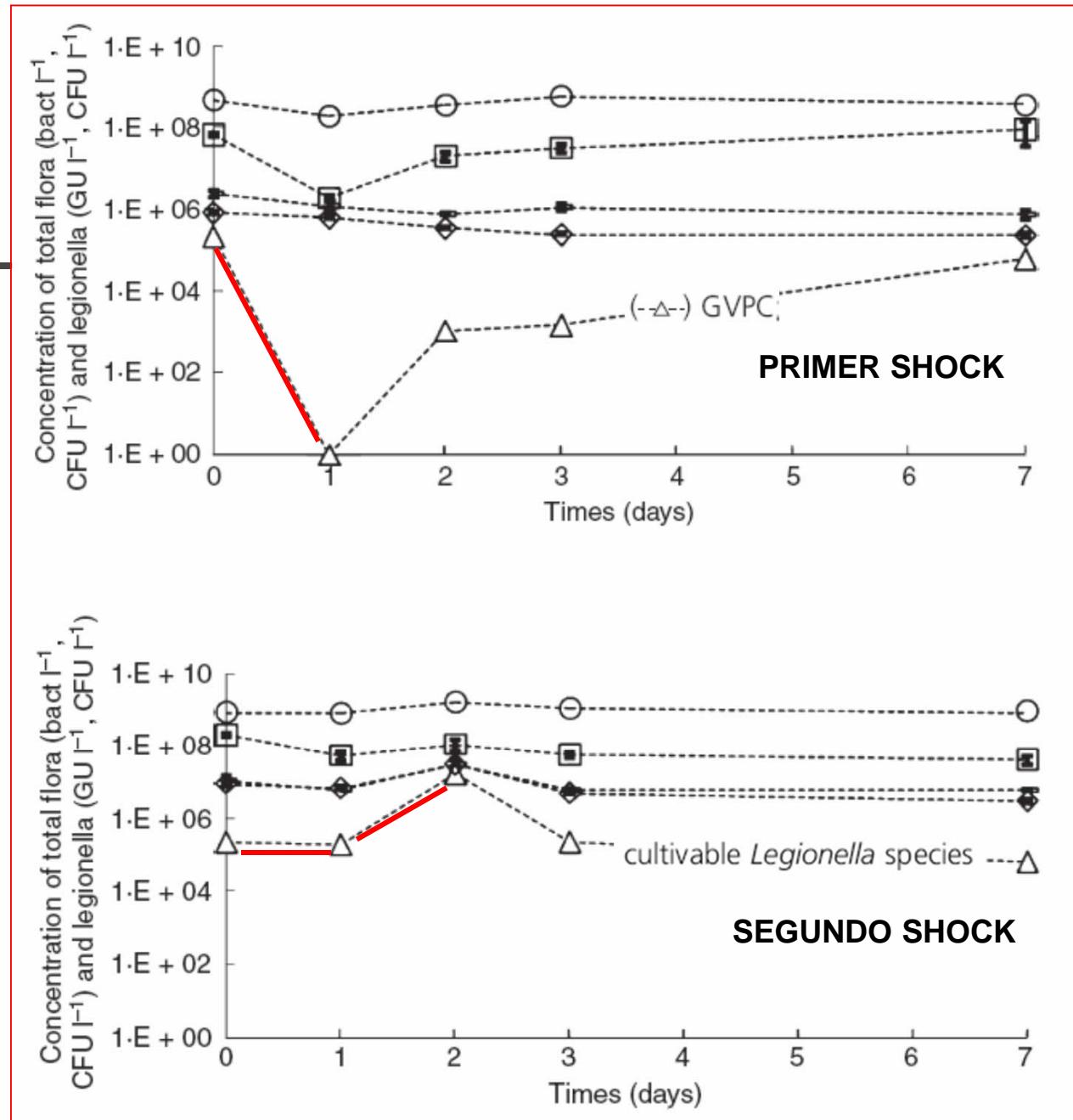


Figure 1 Schematic representation of the two identical loops (Control and Test Loops) of the pilot-scale unit. This loop is mainly composed of (1) hot water storage; (2) flow meter; (3) circulator; (4) heater; (5) biofilm sampling system; (6) sampling taps; (7) draining valves and (8) temperature sensor.

R E C O N O N I Z A C I O N
Y
A D A P T A C I O N



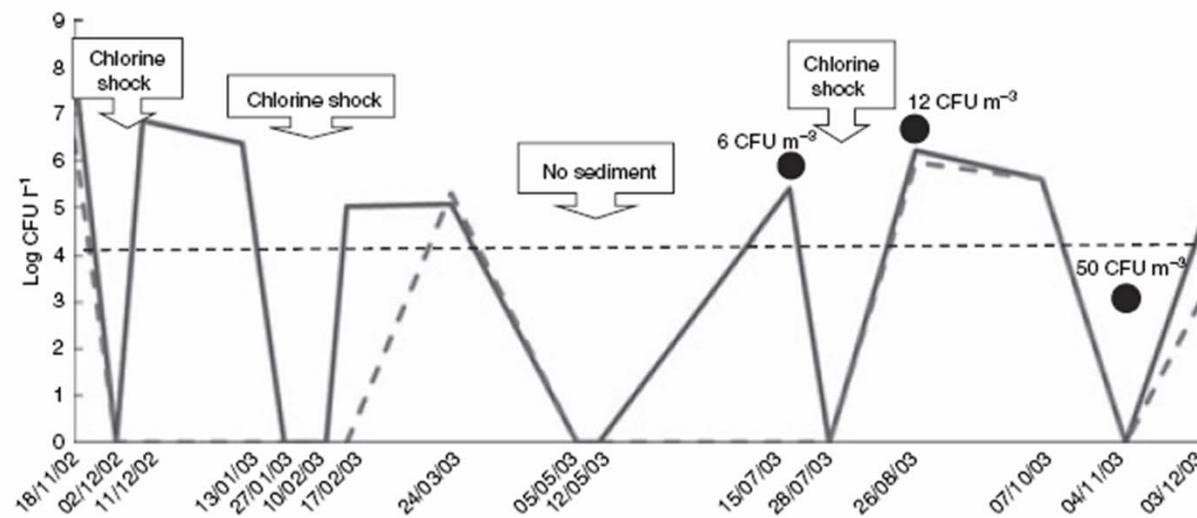
Legionella in industrial cooling towers: monitoring and control strategies

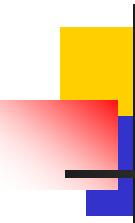
A. Carducci, M. Verani and R. Battistini

SHOCK DE CLORO

Biology Department, University of Pisa, Pisa, Italy

Chlorine shock dosing was able to eliminate bacterial contamination, but only for 10–15 days. Biocide shock dosing was also insufficient to control the prob-





The Efficacy of Heat and Chlorine Treatment against Thermotolerant Acanthamoebae and Legionellae

Scand J Infect Dis 36: 656–662, 2004

MICHAEL V. STOREY¹, JADWIGA WINIECKA-KRUSNELL¹,
NICHOLAS J. ASHBOLT² and THOR-AXEL STENSTRÖM¹

From the ¹Department of Parasitology, Mycology and Water Microbiology, Swedish Institute for Infectious Disease Control, SE-171 82 Solna, Sweden, and ²Centre for Water and Waste Technology, University of New South Wales, UNSW-Sydney 2052, Australia

Table II. The maximum value for thermal ($^{\circ}\text{C}$), free and combined chlorine (mg/l) treatment at which *A. castellanii* and I4 Acanthamoeba cysts retained their viability at exposure times of 10, 30 and 60 min ($n=6$)

Treatment	A. castellanii			Acanthamoeba (I4)		
	10 min	30 min	60 min	10 min	30 min	60 min
Thermal ($^{\circ}\text{C}$)	80	70	60	80	70	60
Free chlorine (mg/l)	100	10	<10	100	20	<10
Combined chlorine (mg/l)	100	50	20	100	50	20

The efficacy of biocides and other chemical additives in cooling water systems in the control of amoebae

M. Critchley¹ and R. Bentham²

¹ CSIRO Materials Science and Engineering, Clayton VIC 3168, Australia

² Department of Environmental Health, Flinders University, Adelaide SA 5001, Australia

Table 1 Minimum inhibitory concentration of biocides against amoebal trophozoites and cysts after 8 h exposure at 25°C (concentrations at mg l⁻¹)

	<i>Acanthamoeba</i> sp.	<i>H. vermiciformis</i>	<i>Vahlkampfia</i> sp.
Trophozoites			
Chlorine (residual)	1	1	1
Bromine (residual)	5	1	1
Isothiazolinones	150	50	25
Cysts			
Chlorine (residual)	5	5	2
Bromine (residual)	10	5	2
Isothiazolinones	200	150	100

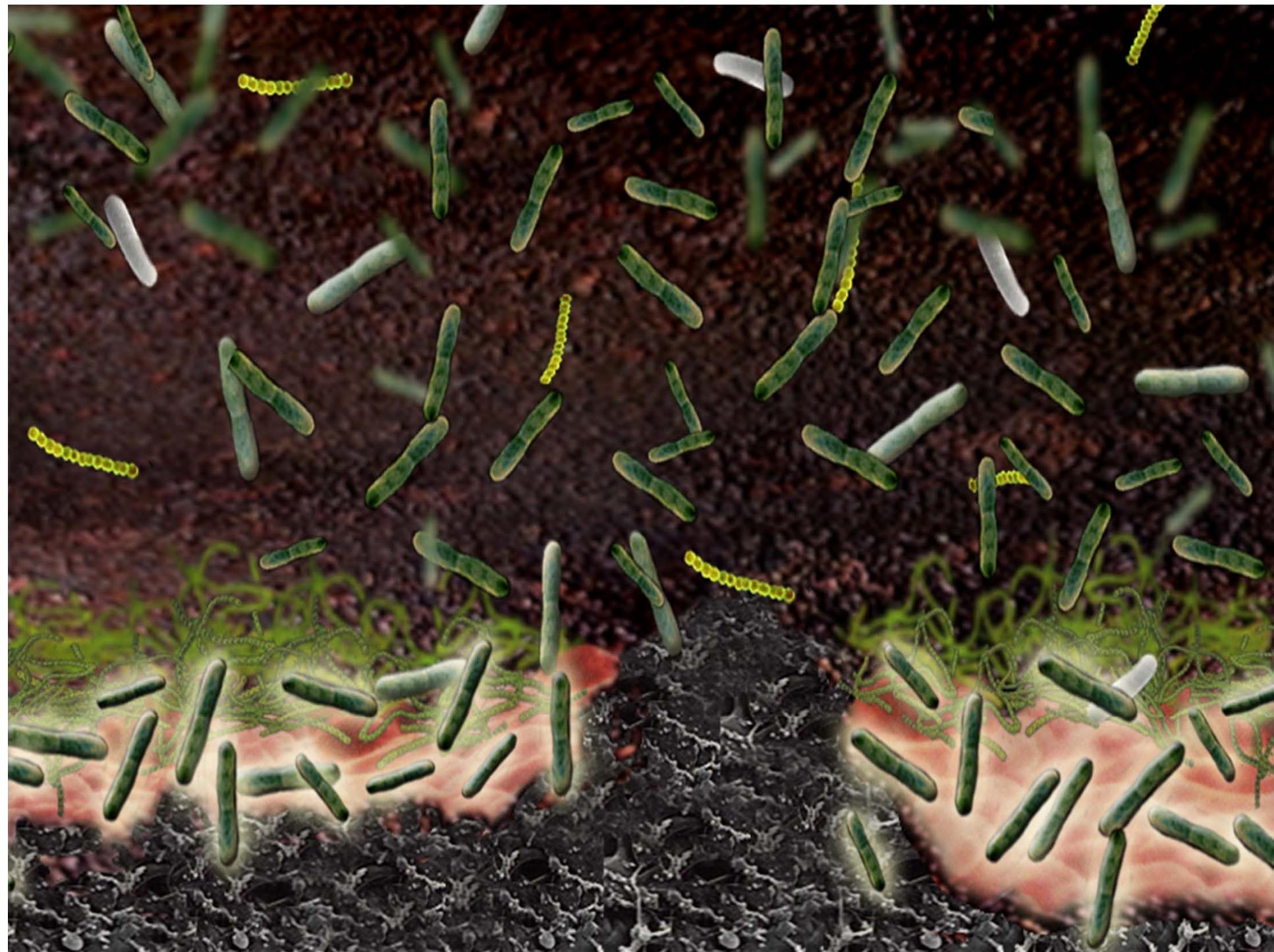
systems operating at higher temperatures (above 30°C) may require longer biocide residence times for effective disinfection. The operating temperatures at the warmest parts of the system should also be considered.

Other chemical additives used in cooling water treatment may also compromise the efficacy of some biocide formulations. This is especially true for phosphate and molybdate additives and the efficacy of bromine and isothiazolinone. This study identified these two additives as



Medidas de SHOCK





CONCLUSIONES

La incidencia real de legionelosis no se conoce debido al INFRADIAGNÓSTICO de la enfermedad, pero la mayoría de países comunican incidencias crecientes y/o estables en los últimos años

Existe una amplia variabilidad genética de *Legionella pneumophila* sg 1 tanto en TR como en circuitos de AS que facilita la investigación epidemiológica

La evaluación microbiológica del riesgo de legionelosis define la acción a realizar: debe garantizarse el máximo rigor tanto en la recogida como en el procesamiento de la muestra.

La fluctuación en torres y el elevado número de puntos de consumo en grandes edificios, obliga a muestreos más frecuentes y más amplios respectivamente.

En hospitales colonizados por *Legionella* spp es prudente usar agua bidestilada para aquellas maniobras que impliquen un riesgo de aspiración

Los filtros, el dioxido de cloro y la ionización Cu/Ag han demostrado ser eficaces para la desinfección complementaria local y sistémica respectivamente en grandes edificios.

La elevada resistencia de los quistes amebianos a la acción del calor y biocidas hace que sea imposible en la actualidad hablar de erradicación de *Legionella* de un sistema mecánico acuoso.

Coordinador de Grupo (Group Leader):
Miquel Sabrià Leal

Investigadores Seniors (Project Leaders):
María Luisa Pedro-Botet Montoya
M. Angeles García Núñez
Inma Sanchez (AquaLab S.L)
Ana Sagristà (AquaLab S.L)

Otros Investigadores Clínicos (Other Clinical Investigators)
J.M. Mòdol
Silvia Roure
Lourdes Mateu

**Becarios Investigadores
(LAB Fellow Investigators)**
Sonia Ragull
Laura Millares



www.legionella-online.org

www.aqualab.es



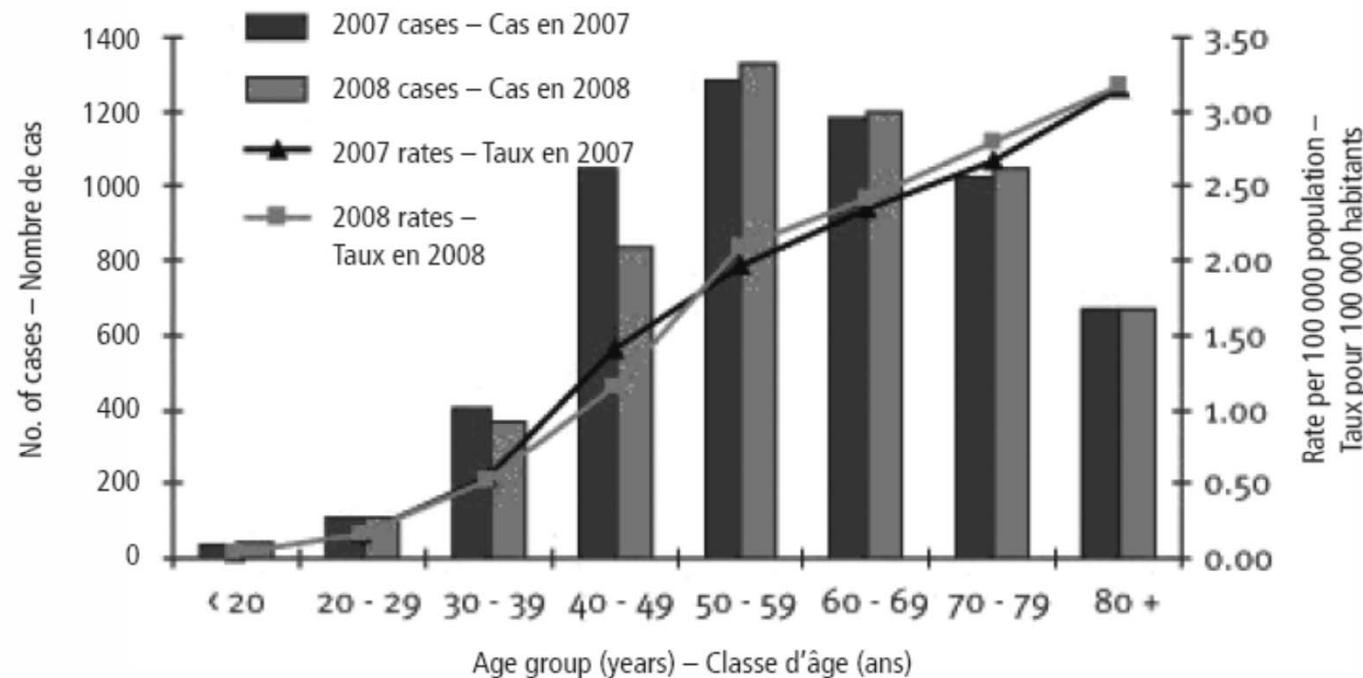








Figure 1 Cases of Legionnaires' disease and age standardized rates per 100 000 population by age group, 2007–2008
Figure 1 Nombre de cas de maladie des légionnaires et taux standardisés sur l'âge pour 100 000 habitants, par classe d'âge, 2007-2008



Source: European Working Group for Legionella infections (EWGLI). – Données du Groupe de travail européen sur les infections à *Legionella* (EWGLI)

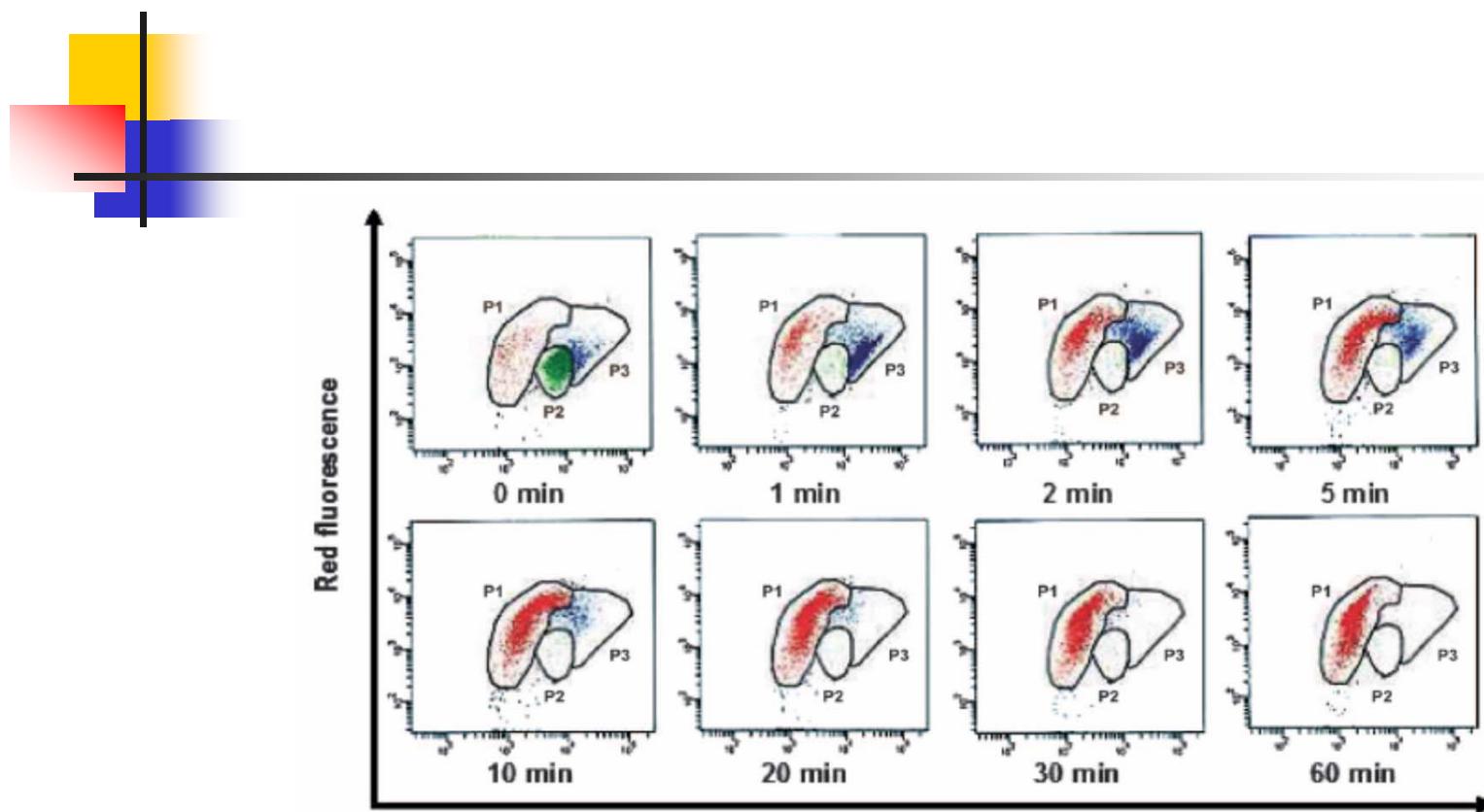
Use of Flow Cytometry To Monitor *Legionella* Viability^V

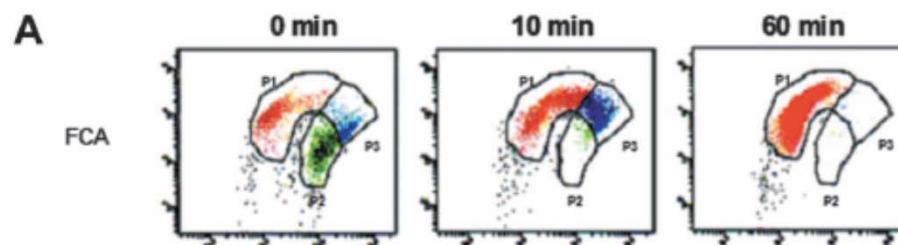
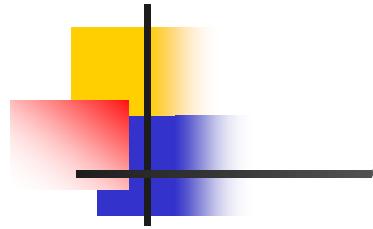
Séverine Allegra, Françoise Berger, Philippe Berthelot, Florence Grattard,
Bruno Pozzetto, and Serge Riffard*

Groupe Immunité des Muqueuses et Agents Pathogènes (GIMAP), EA3064, Faculté de Médecine J. Lisfranc,
Université Jean Monnet, Saint-Etienne, France

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Legionella viability was monitored during heat shock treatment at 70°C by a flow cytometric assay (FCA). After 30 min of treatment, for 6 of the 12 strains tested, the FCA still detected 10 to 25% of cells that were viable but nonculturable (VBNC). These VBNC cells were able to produce ATP and to be resuscitated after culture on amoebae.

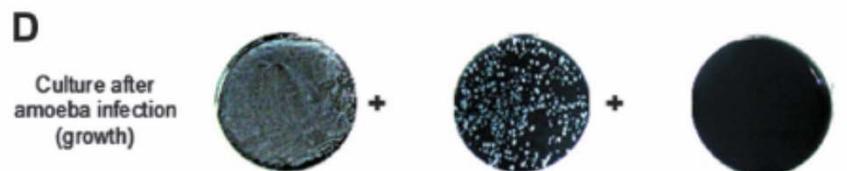




C

ATP assay (RLU)
(means \pm SE)

Culture	ATP assay (RLU) (means \pm SE)
+	50690 \pm 6540
-	1568 \pm 355
-	65 \pm 22



An international trial of quantitative PCR for monitoring for *Legionella* in artificial water systems

J.V. Lee, S. Lai, M. Exner, J. Lenz, V. Gaia, S. Casati, P. Hartemann, C. Lück, B. Pangon, M.L. Ricci, M.Scaturro, S. Fontana, M. Sabria, I. Sánchez , and S Surman-Lee.

